

IPL - intense pulsed light

pre & post care instructions

Always arrive on time for your appointment or if this is your first appointment, please arrive couple minutes before & remember to turn your phone on silent mode.

HOW TO PREP FOR YOUR IPL APPOINTMENT

- Area must be shaved 24 hours prior to your appointment.
- The closer the shave the better. If it is your first time, leave a small patch of hair so that your specialist can exam it. **please note, we are not able to shave the area for you - our aesthetician will provide you a razor.*
- No makeup/lotion/deodorant on the day of your appointment (on treatment area).
- Stay out of direct sunlight for at least one week prior to your appointment.
- Do not use self-tanner or spray tan products for at least 2 weeks before your treatment to avoid potential injury.
- Avoid waxing/threading/tweezing in the area for at least 4 weeks. Shaving is ok!

HOW TO TAKE CARE OF YOUR SILKY SMOOTH SKIN

- Avoid any body treatments, hot showers, saunas or hot tubs until skin is back to normal (2-3 days).
- Avoid exercising/sweating for 1-2 days.
- Do not exfoliate your skin for 7 days.
- Avoid sun exposure and use sun protection for 4-6 weeks after the treatment to reduce the chance of dark and light spots.

